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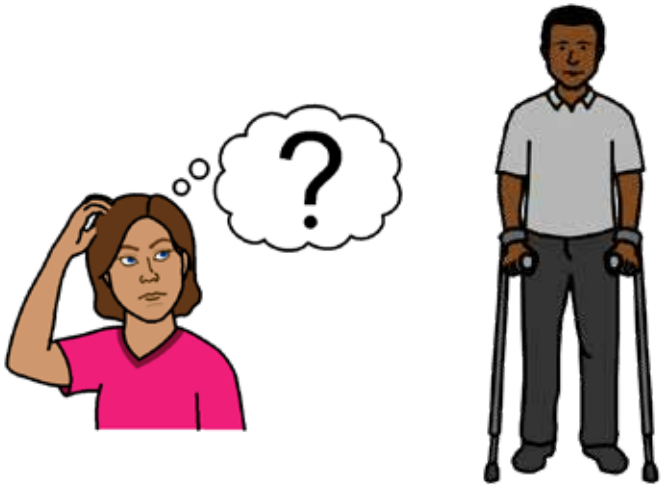


Myths about disability

Stigma book 2

Perth Health and Care Services

Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about



- find more information.

About this book

This book is from

Perth Health and Care Services.



This book includes **myths** and truths about disability.

Myths are common ideas that are **not** true.



There are many myths about disability that can hurt people with disability.

Myths and truths about disability





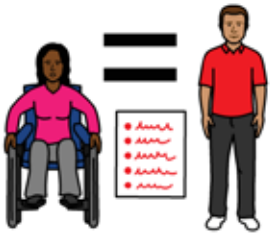
Some people think that disability is **not** common.



The truth is that there are many Australians with disability.



Some people think that people with disability should **not** go out in the community.



The truth is that

- everyone has a right to be part of the community including people with disability

and



- many people with disability do **not** want to be alone.



Some people think that people with mental health problems are just weak.



The truth is that mental health problems are serious and happen for many reasons.



Mental health problems can happen because of

- bad life events



- a head injury



- brain differences



- family history.



Some people think that people with disability can only do easy jobs.



The truth is that people with disability

- have different interests just like anyone else



- have different skills just like anyone else.



Some people think disability is a punishment and brings bad luck to the family.



The truth is that

- disability is **not** a punishment



- people with disability can live a good life.

More information

For more information contact

Perth Health and Care Services.



Website www.perthhealthcare.net.au

The NDIS



Website ndis.gov.au



Call 1800 800 110

Monday to Friday

Email enquiries@ndis.gov.au

Twitter Twitter@NDIS

Facebook facebook/NDISAus

The NDIS Quality and Safeguards Commission



Website ndiscommission.gov.au



Call 1800 035 544

Free call 1800 800 110

Monday to Friday

National Relay Service

If you are deaf or have a hearing or speech impairment

Use the National Relay Service and give the officer the phone number you want to call.

nrschat.nrscall.gov.au/nrs/internetrelay



Call 1800 555 727

If you need help to speak or understand English

Contact us through the Translating and Interpreting Service or TIS.



Call 131 450

Ask the TIS to call the number you want to call.

Notes

Notes

This project is a partnership of











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