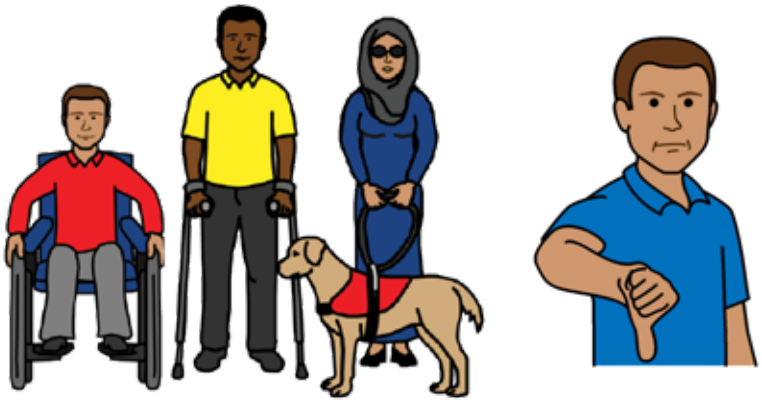
PHCS



What is disability stigma?

Stigma book 1

Perth Health and Care Services

Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about



- find more information.

About this book

This book is from

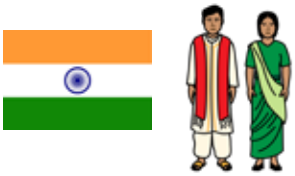
Perth Health and Care Services.



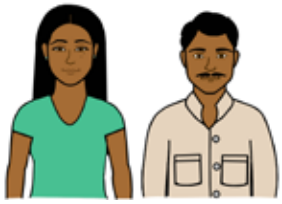
This book is about disability **stigma**.

Stigma means people think bad things about you because of who you are.

For example



- your cultural background



- your skin colour



- your disability.

Why is disability stigma bad?



Stigma can lead to **discrimination**.

Discrimination means you are treated unfairly because of who you are.



Sometimes people with disability **cannot**

- get respect from other people
- be part of their community



- live a good life.



Everyone in the community has a right to

- feel happy and safe



- get respect.

More information

For more information contact

Perth Health and Care Services.



Website www.perthhealthcare.net.au

The NDIS



Website ndis.gov.au



Call 1800 800 110

Monday to Friday

Email enquiries@ndis.gov.au

Twitter Twitter@NDIS

Facebook facebook/NDISAus

The NDIS Quality and Safeguards Commission



Website ndiscommission.gov.au



Call 1800 035 544

Free call 1800 800 110

Monday to Friday

National Relay Service

If you are deaf or have a hearing or speech impairment

Use the National Relay Service and give the officer the phone number you want to call.

nrschat.nrscall.gov.au/nrs/internetrelay



Call 1800 555 727

If you need help to speak or understand English

Contact us through the Translating and Interpreting Service or TIS.



Call 131 450

Ask the TIS to call the number you want to call.

This project is a partnership of











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